Estimated Prevalence of Children and Youth with Overweight and Obesity (2014-2016): Douglas County, Colorado

This map displays the percentage of children and youth 2-17 years of age with overweight and obesity, by census tract, based upon body mass index (BMI) measurements contributed to the Colorado BMI Monitoring System from multiple health care organizations. BMI was calculated from height and weight and plotted on the Centers for Disease Control and Prevention (CDC) male or female BMI-for-age growth chart to determine a percentile. Overweight and obesity was defined as a BMI at the 85th percentile or higher. The percentage with overweight and obesity was calculated for each census tract by dividing the number of children and youth with a BMI at the 85th percentile or higher by the total number of valid BMI measurements available in that census tract. These data are comprised of children and youth 2-17 years of age who reside in Douglas County. The total number of children and youth represented with valid BMI measurements is 24,664, or 28% of the total children and youth population of 88,684, as reported from the 5-year American Community Survey (2011-2015). Census tracts were designated as having insufficient data for display if: 1) the total population was fewer than 50 individuals; or 2) fewer than 50 valid BMI measurements were available; or 3) coverage was less than 20% of the population 2-17 years of age. Missing race/ethnicity data were imputed using hot decking based on census tract, gender and age classes. A direct adjustment was applied based on gender, race/ethnicity and age to prevalence estimates. Raking, an iterative method of marginal weight adjustment, was used in each census tract to create sample weights used in direct adjustment estimates.

To request additional maps and/or aggregated data tables, please contact COBMIMonitoringProject@gmail.com


Douglas County Average 7%

3% - < 10%
10% - < 15%
15% - < 20%
>= 20%

Range: 3% - 14%